



MUNSTER CRICKET UNION



COACHING NETWORK

2024/25



Introduction

Join the Munster Cricket Union Coaching Network
Dear Member

Are you a coach passionate about developing your skills and contributing to the growth of cricket in Munster? The Munster Cricket Union (MCU) is excited to announce the launch of a new coaching network led by the experienced Jeremy Bray, Head Coach of the Munster Reds.

This network aims to provide a platform for coaches of all levels to connect, learn, and share knowledge. Whether you're a seasoned coach or just starting out, this network offers a supportive environment to enhance your coaching abilities.

What's in it for you?

- **Expert mentorship:** Learn from Jeremy Bray and other experienced coaches.
- **Networking opportunities:** Connect with like-minded individuals in the cricket community.
- **Continuous development:** Participate in workshops and seminars on various aspects of cricket coaching.
- **Career advancement:** Gain valuable experience and credentials to further your coaching journey.

Introduction



We will be organising regular in person masterclasses covering a wide range of topics, including:

- **Technical skills:** Batting, bowling, wicket keeping and fielding techniques.
- **Tactical awareness:** Game planning, decision-making, and strategy.
- **Player development:** Talent identification, coaching methodologies, and player psychology.
- **Leadership and communication:** Effective team management and interpersonal skills.

If you're interested in joining the Munster Cricket Union Coaching Network and contributing to the development of cricket in the region, please go to QR at the end of this document or email operations@munstercricket.ie. We look forward to welcoming you to our community!

COACHING INFORMATION

WHAT'S ON OFFER

WHY COACHING

Becoming a cricket coach can be a rewarding and fulfilling career path, offering a unique blend of personal satisfaction, professional growth, and the opportunity to make a positive impact on the lives of others. Here are some of the key values of becoming a cricket coach:

COACHING VALUES

Coaching values are the guiding principles that inform a coach's approach to coaching and player interactions. They serve as a foundation for effective coaching practices and help coaches create a positive and supportive environment for their players to grow and develop.



PASSION FOR THE GAME
MAKING A POSITIVE IMPACT
PERSONAL SATISFACTION

WHY COACHING



1

Passion for the game:

Cricket coaches are driven by their love for the sport and a desire to share their knowledge and expertise with others. They are passionate about helping players develop their skills, improve their performance, and experience the joys of the game.

2

Making a positive impact:

Cricket coaches play a crucial role in shaping the lives of young players, both on and off the field. They instill values such as teamwork, sportsmanship, and perseverance, which can have a lasting impact on players' personal and professional lives.

3

Personal satisfaction:

Watching players develop their skills, achieve their goals, and find joy in the game is a source of immense satisfaction for cricket coaches. The feeling of making a positive contribution to the lives of others is a powerful motivator.

4

Professional development:

Cricket coaching offers continuous opportunities for learning and growth. Coaches stay up-to-date with the latest coaching techniques, strategies, and technologies, enhancing their skills and expertise.

5

Variety and challenges:

Cricket coaching is a dynamic and ever-evolving, presenting various challenges and opportunities. Coaches work with players of all ages and skill levels, adapting their approach to suit individual needs and goals.

6

Networking and connections:

Cricket coaching provides a platform to connect with other coaches, players, and cricket enthusiasts. These connections can lead to valuable collaborations, mentorship opportunities, and career advancement.

WHY COACHING



7

Giving back to the sport:

Cricket coaches play a vital role in preserving and promoting the sport. They inspire future generations of cricketers and contribute to the growth and development of the game.

8

Sense of community:

Cricket coaching is deeply rooted in the cricketing community. Coaches foster a sense of belonging, camaraderie, and shared passion for the sport among players, coaches, and supporters.

9

Lifelong learning:

Cricket coaching is a journey of continuous learning and self-improvement. Coaches strive to enhance their knowledge, refine their skills, and adapt to the ever-changing landscape of the sport.

10

Professional development:

Cricket coaching offers continuous opportunities for learning and growth. Coaches stay up-to-date with the latest coaching techniques, strategies, and technologies, enhancing their skills and expertise.





Coaching Values

1. Client-centeredness:

Coaches uphold the highest standards of integrity, acting with honesty, fairness, and ethical conduct. They maintain transparency in their communication and actions, fostering trust and credibility with their players.

2. Respect:

Coaches treat their players with respect, acknowledging their dignity and worth. They value their players' opinions, experiences, and contributions, creating a safe, non-judgmental space for open dialogue and exploration.

3. Empowerment:

Coaches empower players to take ownership of their lives and make informed decisions. They encourage self-reflection, self-discovery, and the development of self-belief, enabling clients to take responsibility for their growth and success.

Coaching Values

4.Integrity:

Coaches uphold the highest standards of integrity, acting with honesty, fairness, and ethical conduct. They maintain transparency in their communication and actions, fostering trust and credibility with their players.

5.Continuous learning:

Coaches embrace a commitment to continuous learning, actively seeking out new knowledge, skills, and insights. They stay up-to-date with the latest coaching techniques and methodologies, ensuring their practice remains effective and relevant.

6.Cultural sensitivity:

Coaches demonstrate cultural sensitivity, recognizing and respecting their clients' diverse backgrounds, values, and beliefs. They adapt their coaching approach to consider cultural context and ensure players feel understood and valued.



Coaching Values

7. Professionalism:

Coaches maintain a professional demeanour, adhering to ethical guidelines and standards of conduct. They act with competence, diligence, and accountability, upholding the reputation of the coaching profession.

8. Balance:

Coaches promote a healthy work-life balance for their players, encouraging self-care, mindfulness, and stress management. They recognize the importance of balance in achieving personal and professional goals.

9. Collaboration:

Coaches encourage collaboration and open communication among clients, creating a supportive and inclusive environment. They foster a sense of community and shared purpose, promoting teamwork and mutual respect.



" A great opportunity provided by Munster Cricket Union for all coaches willing to further their journey into what is an amazing fulfilling role of a cricket coach"

Jeremy Bray



QR Code Registration



Cricket Ireland Coaches Association (CICA)

The benefits of CICA membership include coaches insurance and discounts, including discounts on O'Neills CICA clothing and equipment. Join CICA here <http://www.cricketireland.ie/get-involved/coaching/CICA>